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Cassie H. Prather Public Health Director Judge James Kay Chairman of the Board

March 11, 2020

Guidance for Events and Public Gatherings

There currently are no confirmed cases of the Novel Coronavirus (COVID-19) present in <u>Woodford County</u>. There are confirmed cases in surrounding counties and test results in Woodford County are pending. Governor Andy Beshear has announced that we are in community spread phase of the disease, which has increased the level of concern for Woodford County. Out of an abundance of caution, local government and health officials are recommending Woodford Countians follow social distancing guidance from Kentucky Department for Public Health and to postpone or cancel any non-essential public gatherings.

Prevention

There is currently no vaccine to prevent coronavirus disease. The best way to prevent illness is to avoid exposure. Avoid close contact with people who are sick (fever, cough, sneeze, and difficulty breathing). To avoid close contact, stay at least 6 feet away from others.

- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. To avoid coughing into your hands, you can cough into your elbow.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- CDC states that wearing a facemask will not protect the public from COVID-19.

People at Higher Risk for COVID-19 Complications

- Adults over 60 and people who have severe chronic medical conditions like diabetes, heart, lung or kidney disease seem to be at higher risk for more serious COVID-19 illness.
- If you are at an increased risk for COVID-19, it is especially important for you to take actions to reduce your risk of exposure.
 - Stay at home as much as possible.
 - Make sure you have access to several weeks of medications and supplies in case you need to stay home for prolonged periods of time.
 - When you go out in public, keep away from others who are sick, limit close contact (6 feet away) and wash your hands often.
 - Avoid crowds.

Stay up to date at: www.KYCOVID19.KY.GOV, WCHD.com and woodfordcounty.ky.gov/Pages/covid-19.aspx.

